



## Transforming Conflict Workshop



Through theater games, students will:

- **Observe the anatomy of a conflict**
- **Learn how to de-escalate a situation with their peers**
- **Role play resolving conflicts**
- **Learn I-statements to express needs**

### Explorative Questions

1. How do conflicts start?
2. What happens to the body when conflicts happen?
3. What does it mean to transform something?
4. What would it feel like to argue from someone else's perspective?
5. What is a win-win situation?

### Sample Activities

#### **Numbers/Gibberish Argument (Grades 2-5)**

Students examine the anatomy of an argument by using gibberish to argue.

#### **Switching Feet Argument (Grades 2-5)**

Students pretend argue only to switch their argument right in the middle.

#### **Give me that Bench!**

Students attempt to get a spot on a bench but can only do so using non-violent wording.

#### **Forum Theater (Grades 3-5)**

Students role play a conflicting situation, and the audience gives solutions for resolving issues.