



Improv For Collaboration

Sample Lesson K-5th

Through theater games, students will:

- Work together to create spontaneous scenarios
- Practice giving and accepting different ideas
- Practice trusting their own choices
- Practice affirming each other's choices

Explorative Questions:

1. What does it mean to be flexible?
2. How can we best work together as a group when creating together?
3. What does it mean to be present or "in the moment"?
4. How do we stay present?
5. How can staying present help us solve problems?

Sample Activities

Yes, Let's! (K-5th)

Students offer ideas to class, the whole class enthusiastically agrees and performs actions.

I am a tree (K-5th)

Students create a brief scenario one at a time, offering ideas that connect to each other.

Flock Dance/Flock Walk (K-5th)

Students move as a group, following a leader who changes direction and action at will. With older grades, the group moves as a unit with their eyes closed, following the voice of the leader.

Group Story-Telling (2nd-5th)

Students tell story as a group, contributing one sentence/ word to the story.

Energy Circle

Students pass around a action and sound that grows bigger or smaller with each person.